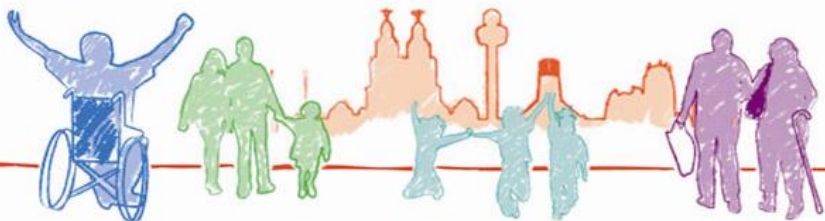
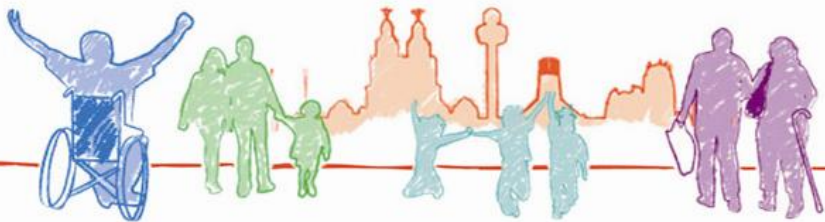


Breast Cancer
Maureen Sayer
Health Promotion Specialist
and
Viv Mansfield
Primary Health Care Facilitator



BE CLEAR ON BREAST CANCER CAMPAIGN

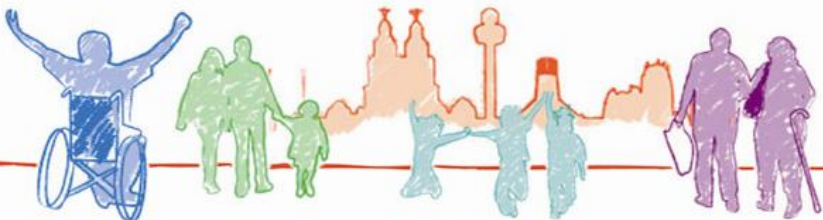
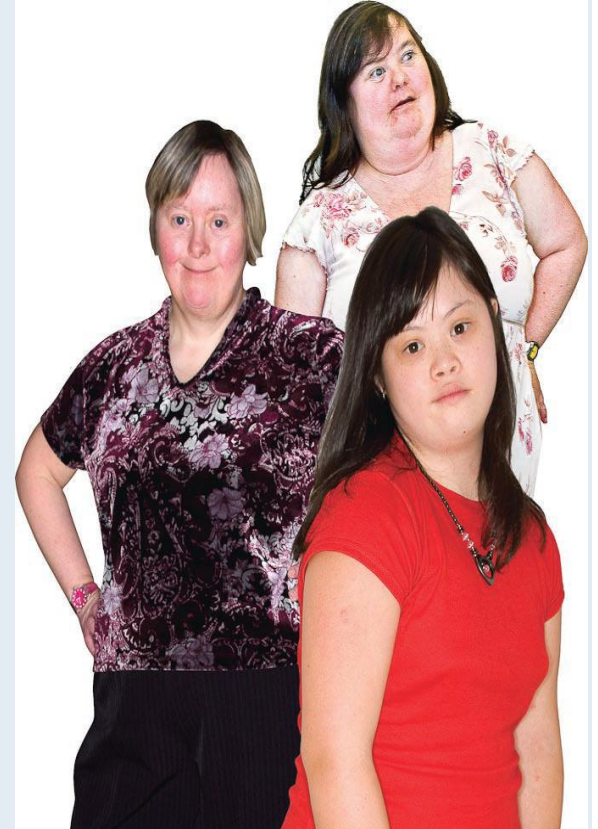


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Women and Men



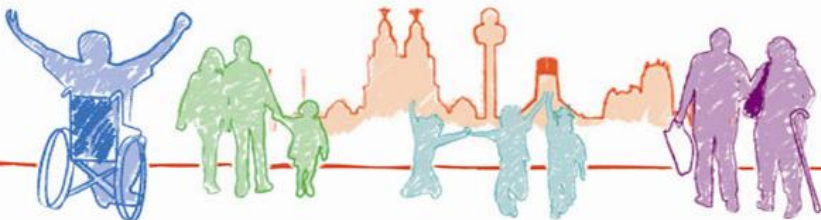
Can get
breast
cancer



Know the facts

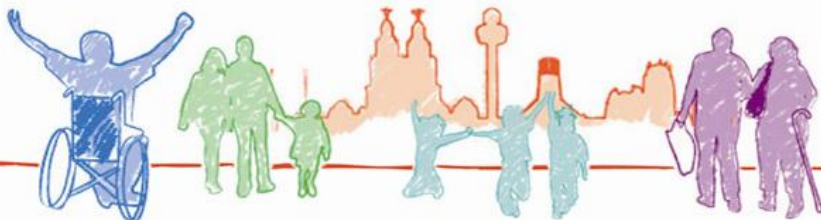
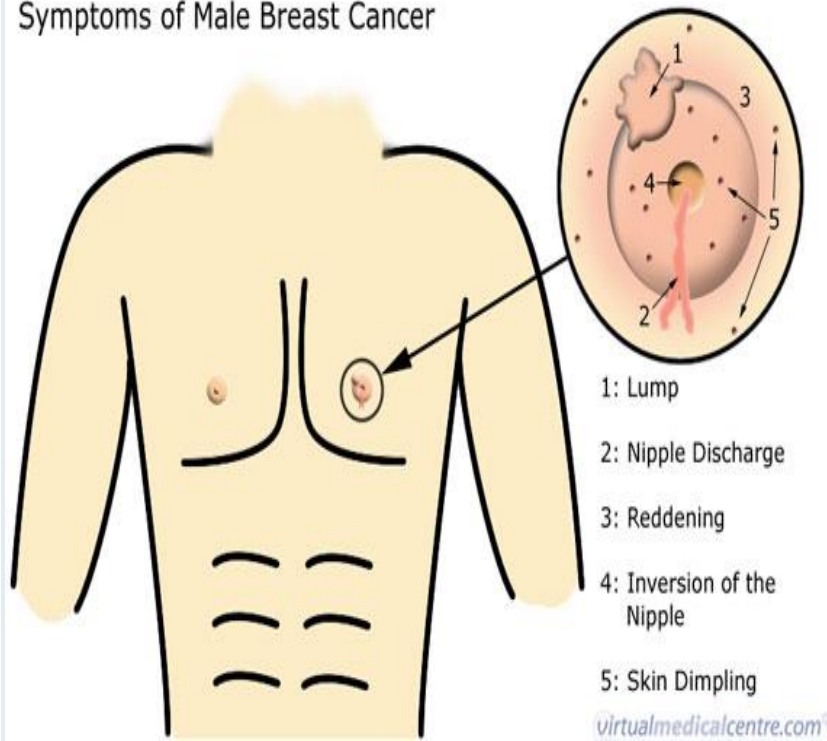


**Know your body
and the changes
to look for**

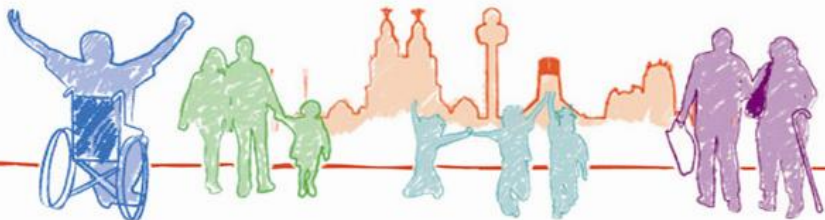


Male Breast Awareness

Symptoms of Male Breast Cancer

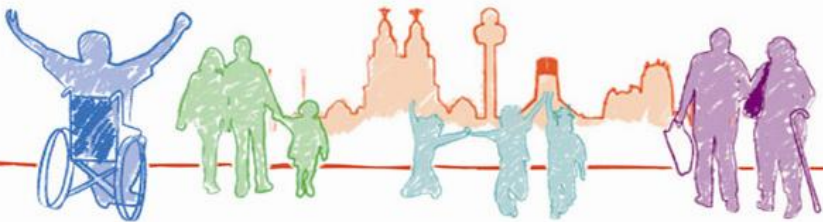


If you notice a change in your body contact your doctor



Breast Awareness

Know what is normal for you
Know what changes to look for



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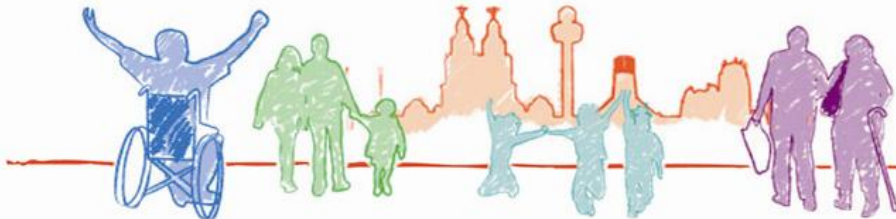


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Look and feel



Feel your breasts in the bath, shower or bed



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Looking and Feeling



Lump



Skin dimpling



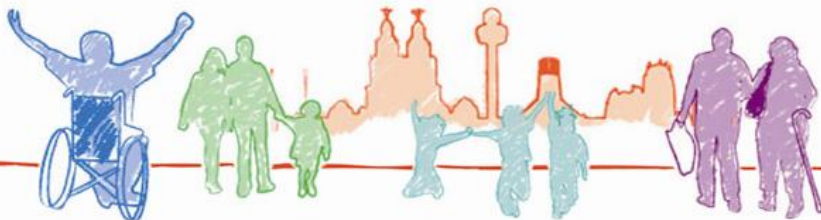
Change in skin color or texture



Change in how the nipple looks, like pulling in of the nipple.



Clear or bloody fluid that leaks out of the nipple



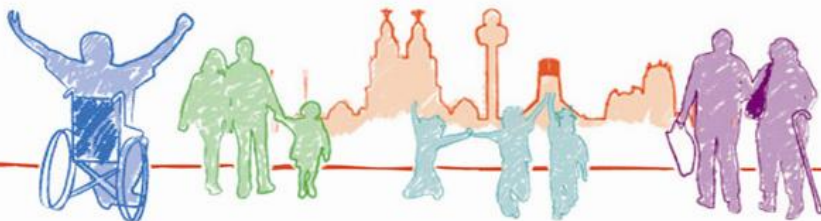
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Breast Awareness

Any change in the size or shape of your breast



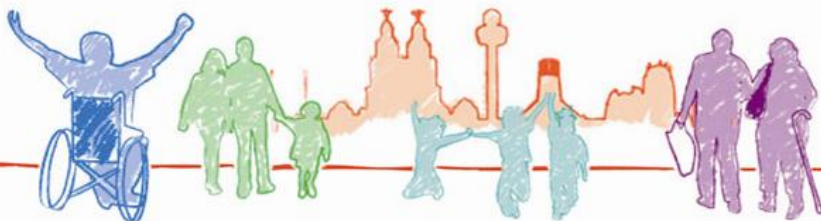
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Breast Awareness

Any unusual breast pain, lasting longer than two weeks

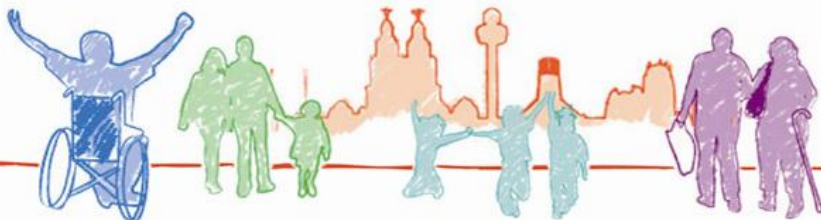


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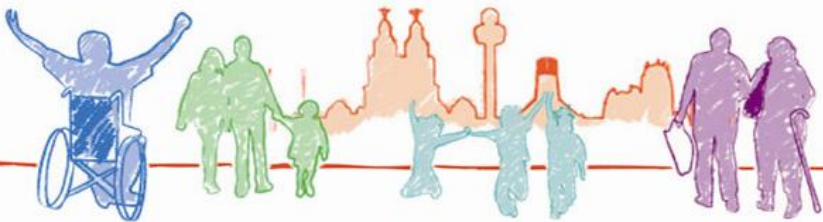
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If you notice a change in your body
contact your doctor



Breast Screening

All women between 50 to 70 years can have this done every 3 years



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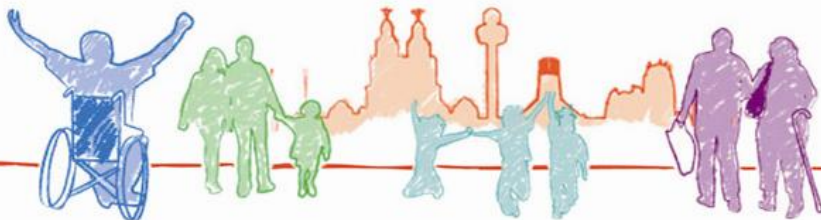


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Breast Screening

If you are over 70 years you can ask for an appointment every 3 years

0151 708 8157

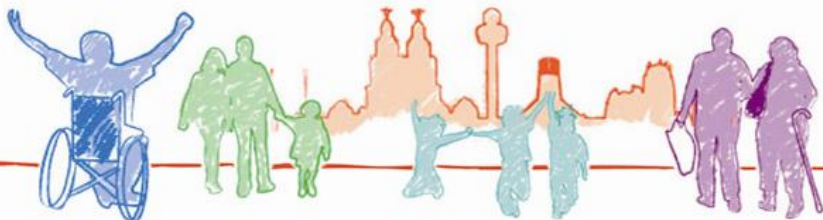


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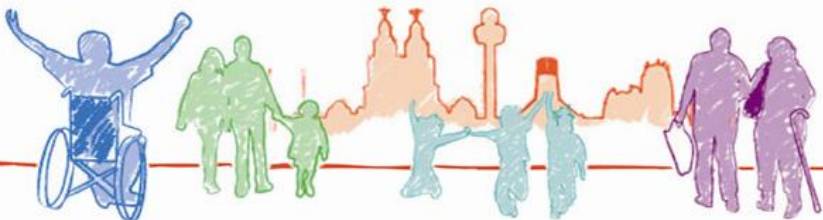


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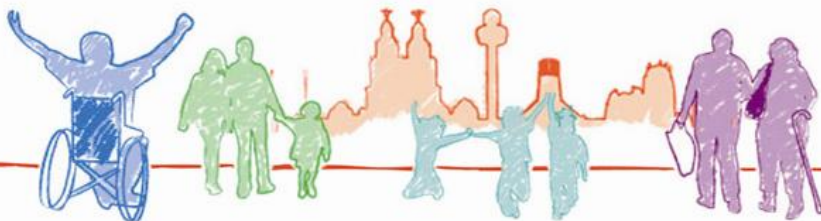
Go for breast screening when invited



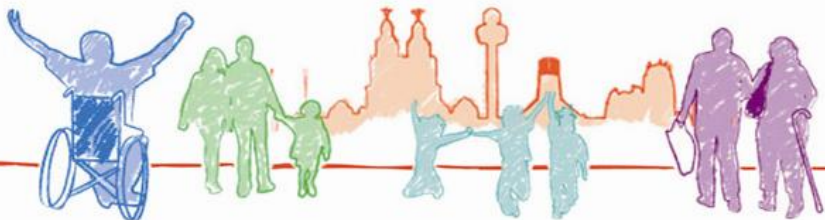
You will be asked to go to Breast screening at the



You will be asked your name at reception



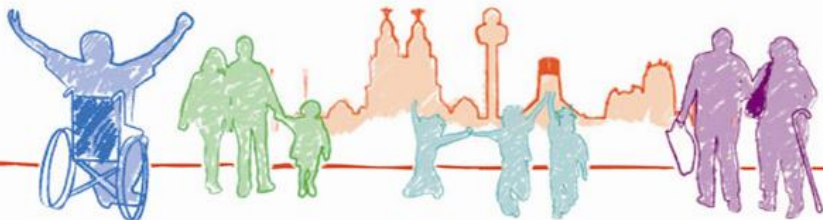
You will be asked to go in to a changing room to remove your top



You will go into another room for the breast Xray



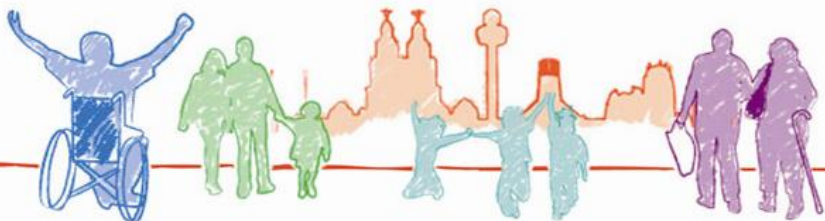
The test will only take a few minutes



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You will get your results in 2 weeks



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